



Music & EMDR Group for teens

We will be using music and EMDR techniques to stimulate both sides of the brain and promote healing, growth, and wellbeing.

**A parent support group will be available
for parents of participating teens.**



June 20th-August 1st

11am-12:30pm

No meeting July 4th

**For more information
and to register, go to:
www.phoenixtx.org**

